



Today, September 22, is the Autumnal Equinox when the energies of day and night are balanced.

Summer, the season of growth, is over. Fruit is ready for harvest, the seeds are beginning to fall, winter is approaching and we come to the realization that our time on Earth is short and that all things pass away. The question arises, what do we leave behind, what is our legacy? What will take root and grow when the spring equinox comes to awaken the Earth?



In the tradition of the Native Americans, all decisions are made with the idea of how they will impact generations to come. Wisdom comes from turning away from our personal needs and desires, to caring for the future.



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Standing in the direction of the west, towards the sunset, we are asked to harvest, not just for ourselves, but also for the many. At this time we can choose to gather our wisdom, talents and resources to leave this world better than when we arrived. If we leave a depleted Earth, what sort of legacy have we bequeathed?

Feng Shui is rooted in living in harmony with the land and reminds us that we are part of a greater whole. At this Autumnal Equinox, consider taking a few moments at sunset ...

ask yourself..."How can I use my resources, talents and energy to leave our world a better place?"



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