

## Take a Look at Your "MING TANG" this Summer ...

## Learn 9 Ways to boost your CHI DOTS!

What are you telling the world about your life? What gifts do you let yourself have? You can answer these questions simply by looking at the entryway to your home or workplace.

The "Ming Tang," or "bright hall," is an important power point in your space. The entrance, to your home (or workplace), is considered the "Mouth of CHI (life force energy)," marking the transition from the outer world into a more private inner world.

Just like you take in food to strengthen and maintain your body, your front door brings in energy from outside the home to support you. And ... just like the quality of your food determines how well your body operates, the quality of

the energy entering your front door determines how smoothly

your life runs.

So you see, your front door sets the tone of your home - it determines the type of Chi that is brought into and distributed throughout. In this way, the main entrance affects the fortunes and well being of the whole family.

As an example, let's say two homes are similar on the inside, but you do not know this ... you have never been to either home



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before. Visualize approaching each house, especially the area leading up to the front door. Can you imagine "feeling" very different at each ... <u>even before you set foot inside</u> ... depending upon the appearance and vitality of the Ming Tang? It could be two very different experiences! That is why the Ming Tang can be a major factor in evaluating the overall energy in a home.



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So, as you can imagine ... a beautiful, clean and orderly Ming Tang radiating bright, fresh CHI is considered very auspicious! It is a statement about the quality of life to be found inside and offers an energetic pathway for opportunity to find its way in.

The Ming Tang also includes your entry hall. Therefore, also pay close attention to what is going on just <u>inside</u> your front door. You may have noticed that most Chinese restaurants don't open immediately into the main dining area; there is usually a wall or piece of large furniture just

inside that slows down the Chi and creates a sort of welcoming area...a Ming Tang!

Likewise, you will probably find that if your home shows itself slowly, rather than all at once, there is a sense of anticipation about what is to come. You, your guests, and vital Chi are more likely to enjoy the experience of your home.

## 9 Tips to take full advantage of this boost of good CHI:

- 1. Your front door and entryway, as well as the area in front should always be well looked after, bright and inviting. The open area in front of your home is where the intangible forces gather and concentrate.
- 2. It is critical to have your front door in good repair ... opening smoothly (not sticking or dragging) with the doorknob and lock functioning properly. If you also have a screen door be sure it is not torn or ragged and opens/closes easily too. The same goes for a storm door. Proper maintenance and repair is one of the underlying principles of Feng Shui.
- 3. Paint your front door a different color from the rest of your house as a focal point to attract Chi. Have the view to your front door be unobstructed ... not hidden.
- 4. Provide a welcome mat for visitors. Keep the mat clean, and replace it as soon as it starts to look ratty. Do <u>not</u> put your name on it.. as you will be "walked on" by those who enter!
- 5. A **water feature** is an especially beautiful way to invite wealth into your space. If the water is flowing in only one direction, make sure it is towards

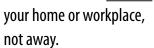




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- 6. A lamp on either side of the door is an especially nice way to bring in good Chi. Make sure that both lights are in working order.
- 7. Likewise, nice large pots of flowers, red in particular, on each side of the door attract good Chi.
- 8. Have a "welcoming area" just <u>inside</u> the door where you, your visitors, and Chi can pause while making the transition into your home. It is especially nice if you have a have a bright, light entrance that gives an expansive feeling.
- 9. Most of all...use your front door every day. Keep your CHI DOTS vital and flowing, not blocked and stale!

Give your Ming Tang a little attention and watch good things show up!

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